

College Credit Non-Transfer

X

EFFECTIVE: SEPTEMBER 2005 CURRICULUM GUIDELINES

A.	Division:	Academic	Ef	fective Date:	September 2005	
В.	DepartDepa		Re Da	If Revision, Section(s) Revised: Date of Previous Revision: Date of Current Revision:		
C:	d development and motor development with direct application to quality physical education. Strategies for the learner and the practitiner will be discussed in order to maximize motor skill trainin					
	Allocation of Contact Hours to Type of Instruction / Learning Settings Primary Methods of Instructional Delivery and/or Learning Settings: Classroom/Lecture Lab Number of Contact Hours: (per week / semester for each descriptor)		rereqisites:			
			I:	Course Corequisites:		_
			None			
			J:	J: Course for which this Course is a Prerequisite None		
	Classroom/Lecture = 2 Lab = 1					
			K:	Maximum Class Size	:	
	Number of Wee	ks per Semester:		30		
	15					
L:	PLEASE INDICATE:					
	Non-Credit					

M: Course Objectives / Learning Outcomes

After having completed the course as outlined below, students will be able to demonstrate a basic knowledge of:

- 1. Terminology, language, and research methods used in this area of study.
- 2. Individual characteristics that influence human physical growth, motor development, perceptual motor development, psychosocial, cognitive and social and therefore affect the learning and control of motor skills.
- 3. The information processing model and factors affecting decision making
- 4. Describe & assess fundamental movement patterns
- 5. Describe the application of physical growth and motor development programs & practices
- 6. Characteristics of the learning environment & practice conditions which affect skill acquisition and performance.

N: Course Content:

1. Physical Growth & Development

3. Perceptual Motor Development3.1 Application of information processing & decision making factors to motor skill acquisition: sensory