



## **EFFECTIVE: SEPTEMBER 2004**

### **CURRICULUM GUIDELINES**

**A.** Division: **Education** Effective Date: **September 2004**

**B.** Department / **Science and Technology** Revision  New Course   
Program Area: **Sport Science** If Revision, Section(s) **C, H**  
Revised:

**3**

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Subject & Course No.	Descriptive Title	Semester Credits
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**F:** Calendar Description:

In this course, the sports of lacrosse (box lacrosse and inter-lacrosse) and wheelchair basketball will be analyzed from theoretical and practical points of view. The essential nature of each sport will be studi

**M:** Course Objectives / Learning Outcomes

1. Describe the conceptual nature of lacrosse and wheelchair basketball.
2. Describe and demonstrate the techniques involved in the performance of lacrosse and wheelchair basketball.
3. Describe and demonstrate the tactics and strategies involved in the performance of lacrosse and wheelchair basketball.
4. Describe and demonstrate the qualitative and quantitative analysis of lacrosse and wheelchair basketball.
5. Describe and demonstrate the development of skills and strategies / tactics for lacrosse and wheelchair basketball.

**N:** Course Content:1. Concepts

The student will:

- 1.1. Describe the historical development of the sport.
- 1.2. Describe the terminology of the sport.
- 1.3. Describe rules, concepts and where applicable, classification systems.
- 1.4. Describe positional concepts.

2. Techniques

The student will:

- 2.1. Describe the purpose of individual skills.
- 2.2. Describe the sequence of skilled performance for individual skills.
- 2.3. Demonstrate competent performance for individual skills.
- 2.4. Describe and demonstrate individual skill learning progressions.
- 2.5. Describe and demonstrate feedback techniques:
  - 2.5.1. Positive specific feedback
  - 2.5.2. Error detection / correction

3. Tactics and Strategies

The student will:

- 3.1. Describe the purpose of common tactics and strategies:
  - 3.1.1. Offense
  - 3.1.2. Defense
  - 3.1.3. Transition
- 3.2. Demonstrate basic tactical and strategical formations:
  - 3.2.1. Offense
  - 3.2.2. Defense

4. Qualitative and Quantitative Analysis

The student will:

- 4.1. Describe and demonstrate the analysis of each sport:
  - 4.1.1. Elements
  - 4.1.2. Dimensions
  - 4.1.3. Hierarchies
- 4.2. Describe and demonstrate the formative and summative qualitative analysis of each sport.
- 4.3. Describe and demonstrate the analysis of each sport:
  - 4.3.1. Statistical
  - 4.3.2. Flow
  - 4.3.3. Time / motion
- 4.4. Describe and demonstrate the formative and summative quantitative analysis of each sport.

5. Development of Skills and Strategies / Tactics

The student will:

- 5.1. Describe and apply pedagogical principles for the instruction of skills:
  - 5.1.1. Skill progressions
  - 5.1.2. Teaching styles
  - 5.1.3. Design of learning activities
- 5.2. Describe and apply pedagogical principles for the instruction of strategies / tactics:
  - 5.2.1. Strategy concepts
  - 5.2.2. Tactical progressions
  - 5.2.3. Design of learning activities

**O:** Methods of Instruction

Lecture  
 Discussion groups and group projects  
 Practical applications and experiences  
 Field observation  
 Guest presenters  
 Technology assisted learning

**P:** Textbooks and Materials to be Purchased by Students

Hedrick, B., Byrnes, D. and Shaver, L. (1989), Wheelchair Basketball. Paralyzed Veterans of America, Washington, D.C.

Hinkson, J. (1993), Lacrosse Fundamentals. Warwick Publishing Inc., Toronto, Ontario.

Lewis, J., Ed., (1990),

**R:** Prior Learning Assessment and Recognition: specify whether course is open for PLAR

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Course Designer(s)

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Education Council / Curriculum Committee Representative

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Dean / Director

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Registrar