



A: Division: **Science & Technology**

Date: **November 23, 2000**

B: Department/
Program Area: **Sport Science**

New Course

Revision

If Revision, Section(s) Revised: **C**

Date Last Revised: **October 5, 1995**

C: SPSC 323

**D: Performance Analysis: Lacrosse
and Wheelchair Basketball**

E: 3

Subject & Course No.	Descriptive Title	Semester Credits
<p>F: Calendar Description: In this course, the sports of lacrosse (box lacrosse and inter-lacrosse) and wheelchair basketball will be analyzed from theoretical and practical points of view. The essential nature of each sport will be studied, along with critical performance factors. Topics include the qualitative and quantitative analysis of each sport, the study of the respective techniques, tactics and strategies of the two sports and pedagogical principles.</p>		
<p>G: Allocation of Contact Hours to Types of Instruction/Learning Settings</p> <p>Primary Methods of Instructional Delivery and/or Learning Settings:</p> <p>Lecture/Practice</p> <p>Number of Contact Hours: (per week / semester for each descriptor)</p> <p>4</p> <p>Number of Weeks per Semester:</p> <p>14</p>	<p>H: Course Prerequisites:</p> <p>SPSC 300</p>	
	<p>I: Course Corequisites:</p> <p>None</p>	
	<p>J: Course for which this Course is a Prerequisite:</p> <p>None</p>	
	<p>K: Maximum Class Size:</p> <p>35</p>	
<p>L: PLEASE INDICATE:</p> <p><input type="checkbox"/> Non-Credit</p> <p><input type="checkbox"/> College Credit Non-Transfer</p> <p><input checked="" type="checkbox"/> College Credit Transfer: Requested <input checked="" type="checkbox"/> Granted <input type="checkbox"/></p> <p>SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS (www.bccat.bc.ca)</p>		
<p>Equivalent Courses:</p> <p>U.B.C. HKIN 320 series (3 Credits)</p> <p>S.F.U. TBA</p> <p>U.VIC. PE (1 Credit) Unassigned</p>		

M: Course Objectives/Learning Outcomes

1. Describe the conceptual nature of lacrosse and wheelchair basketball
2. Describe and demonstrate the techniques involved in the performance of lacrosse and wheelchair basketball
3. Describe and demonstrate the tactics and strategies involved in the performance of lacrosse and wheelchair basketball
4. Describe and demonstrate the qualitative and quantitative analysis of lacrosse and wheelchair basketball
5. Describe and demonstrate the development of skills and strategies/tactics for lacrosse and wheelchair basketball

N: Course Content1. Concepts

The student will:

- 1.1 Describe the historical development of the sport
- 1.2 Describe the terminology of the sport
- 1.3 Describe rules concepts and, where applicable, classification systems
- 1.4 Describe positional concepts

2. Techniques

The student will:

- 2.1 Describe the purpose of individual skills
- 2.2 Describe the sequence of skilled performance for individual skills
- 2.3 Demonstrate competent performance for individual skills
- 2.4 Describe and demonstrate individual skill learning progressions
- 2.5 Describe and demonstrate feedback techniques:
 - 2.5.1 positive specific feedback
 - 2.5.2 error detection/correction

3. Tactics and Strategies

The student will:

- 3.1 Describe the purpose of common tactics and strategies:
 - 3.1.1 offense
 - 3.1.2 defense
 - 3.1.3 transition
- 3.2 Demonstrate basic tactical and strategical formations:
 - 3.2.1 offense
 - 3.2.2 defense
 - 3.2.3 transition
- 3.3 Describe and demonstrate tactical and strategical coaching interactions:
 - 3.3.1 recognition
 - 3.3.2 reaction
 - 3.3.3 scouting
- 3.4 Describe planning and training principles in relation to the analysis of each sport

N: Course Content (continued)4. Qualitative and Quantitative Analysis

The student will:

- 4.1 Describe and demonstrate the analysis of each sport:
 - 4.1.1 elements
 - 4.1.2 dimensions
 - 4.1.3 hierarchies
- 4.2 Describe and demonstrate the formative and summative qualitative analysis of each sport
- 4.3 Describe and demonstrate the analysis of each sport:
 - 4.3.1 statistical
 - 4.3.2 flow
 - 4.3.3 time/motion
- 4.4 Describe and demonstrate the formative and summative quantitative analysis of each sport

5. Development of Skills and Strategies/Tactics

The student will:

- 5.1 Describe and apply pedagogical principles for the instruction of skills:
 - 5.1.1 skill progressions
 - 5.1.2 teaching styles
 - 5.1.3 design of learning activities
- 5.2 Describe and apply pedagogical principles for the instruction of strategies/tactics:
 - 5.2.1 strategy concepts
 - 5.2.2 tactical progressions
 - 5.2.3 design of learning activities

O: Methods of Instruction

Lecture
 Discussion groups and group projects
 Practical applications and experiences
 Field observation
 Guest presenters
 Technology assisted learning

P: Textbooks and Materials to be Purchased by Students

Hedrick, B., Byrnes, D. and Shaver, L. (1989), Wheelchair Basketball, Paralyzed Veterans of America, Washington, D.C.

Hinkson, J. (1993), Lacrosse Fundamentals. Warwick Publishing Inc., Toronto, Ontario.

Lewis, J. (Ed.) (1990), Inter-Lacrosse Instructional Manual. Canadian Lacrosse Association, Ottawa, Ontario.

Q: Means of Assessment

Mid-term Examination	20%
Final Examination	10%
Term Project	20%
Practical Application Project	30%
Research Project	20%

TOTAL:	100%

R: Prior Learning Assessment and Recognition: specify whether course is open for PLAR

Course Designer(s)

Education Council/Curriculum Committee Representative

Dean/Director

Registrar