



CURRICULUM GUIDELINES

A: Division: **Science & Technology**

Date: **November 23, 2000**

B: Department/
Program Area: **Sport Science**

New Course

Revision

If Revision, Section(s) Revised: **C, H, I**

Date Last Revised: **April 19, 1994**

C: **SPSC 322**

D: **Performance Analysis: Rugby and Soccer**

E: **3**

Subject & Course No.	Descriptive Title	Semester Credits
<p>F: Calendar Description: In this course, the sports of rugby and soccer will be analyzed from theoretical and practical points of view. The essential nature of each sport will be studied, along with critical high performance factors. Topics include the qualitative and quantitative analysis of each sport, as well as the study of the respective techniques, tactics and strategies of each sport.</p>		
<p>G: Allocation of Contact Hours to Types of Instruction/Learning Settings</p> <p>Primary Methods of Instructional Delivery and/or Learning Settings:</p> <p>Lecture/Practice</p> <p>Number of Contact Hours: (per week / semester for each descriptor)</p> <p>4</p> <p>Number of Weeks per Semester:</p> <p>14</p>	<p>H: Course Prerequisites:</p> <p>None</p>	
	<p>I: Course Corequisites:</p> <p>SPSC 300 or permission of instructor</p>	
	<p>J: Course for which this Course is a Prerequisite:</p> <p>None</p>	
	<p>K: Maximum Class Size:</p> <p>35</p>	
<p>L: PLEASE INDICATE:</p> <p><input type="checkbox"/> Non-Credit</p> <p><input type="checkbox"/> College Credit Non-Transfer</p> <p><input checked="" type="checkbox"/> College Credit Transfer: Requested <input type="checkbox"/> Granted <input type="checkbox"/></p> <p>SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS (www.bccat.bc.ca)</p>		
<p>Equivalent Courses:</p> <p>U.B.C. PE 320 (3 credits)</p> <p>S.F.U. Athletics 202 (3 credits)</p> <p>U.VIC. PE 121 & PE 123</p>		

M: Course Objectives/Learning Outcomes

Upon completion of the course the student will be able to:

1. Describe the conceptual nature of rugby and soccer
2. Describe and demonstrate the techniques involved in the performance of rugby and soccer
3. Describe and demonstrate the tactics and strategies involved in the performance of rugby and soccer
4. Describe and demonstrate the qualitative analysis of rugby and soccer
5. Describe and demonstrate the quantitative analysis of rugby and soccer

N: Course Content1. Concepts

The student will:

- 1.1 Describe the historical development of the sport
- 1.2 Describe the terminology of the sport
- 1.3 Describe rule concepts
- 1.4 Describe positional concepts

2. Techniques

The student will:

- 2.1 Describe the purpose of individual skills
- 2.2 Describe the sequence of skilled performance for individual skills
- 2.3 Demonstrate competent performance for individual skills
- 2.4 Describe and demonstrate individual skill learning progressions
- 2.5 Describe and demonstrate feedback techniques:
 - 2.5.1 positive specific feedback
 - 2.5.2 error detection/correction

3. Tactics and Strategies

The student will:

- 3.1 Describe the purpose of common tactics and strategies:
 - 3.1.1 offense
 - 3.1.2 defense
 - 3.1.3 transition
- 3.2 Demonstrate basic tactical and strategical formations:
 - 3.2.1 offense
 - 3.2.2 defense
 - 3.2.3 transition
- 3.3 Describe and demonstrate tactical and strategical interactions
- 3.4 Describe seasonal planning and training principles

4. Qualitative Analysis

The student will:

- 4.1 Describe and demonstrate the analysis of each sport:
 - 4.1.1 elements
 - 4.1.2 dimensions
 - 4.1.3 hierarchies
- 4.2 Describe and demonstrate the formative and summative qualitative analysis of each sport

N: Course Content (continued)5. Quantitative Analysis

The students will:

- 5.1 Describe and demonstrate the analysis of each sport:
 - 5.1.1 statistical
 - 5.1.2 flow
 - 5.1.3 time/motion
- 5.2 Describe and demonstrate the formative and summative quantitative analysis of each sport

O: Methods of Instruction

Lecture
 Discussion groups and group projects
 Practical applications and experiences
 Field observation
 Guest presenters
 Technology assisted learning
 Assigned readings and literature research

P: Textbooks and Materials to be Purchased by Students

“Rugby Steps to Success” by Tony Biscombe & Peter Drewett (2000)
 NCCP Level I Technical Manual
 Handouts

Q: Means of Assessment

Mid-term Examination	20%
Final Examination	10%
Term Project	20%
Practical Application Project	30%
Research Project	20%

TOTAL:	100%

R: Prior Learning Assessment and Recognition: specify whether course is open for PLAR

 Course Designer(s)

 Education Council/Curriculum Committee Representative

 Dean/Director

 Registrar