



**EFFECTIVE: SEPTEMBER 2004**  
**CURRICULUM GUIDELINES**

- A.** Division: Science & Technology Effective Date: September 2004
- B.** Department / Program Area: Sport Science
- Revision  New Course
- If Revision, Section(s) Revised: C
- Date of Previous Revision: November 20, 2001
- Date of Current Revision: February 5, 2004
- C:** SPSC 1195 **D:** Physical Growth and Motor Development fr

om a life span perspective. Students will be challenged to apply this knowledge to set goals and expectations to integrate their learning to develop strategies to foster optimal motor development in every individual.	
<b>G:</b> Allocation of Contact Hours to Type of Instruction / Learning Settings  Primary Me	<b>H:</b> Course Prerequisites:  None
	<b>I:</b> Course Corequisites:  None
	<b>J:</b> Course for which this Course is a Prerequisite  None

**M:** Course Objectives / Learning Outcomes

Upon completion of this course, the student will be able to:

- 1.

- development within the context of physical education
- 4.4 Describe assessment programs and practices and the implications for participation in physical activity
  - 4.5 Describe concepts and issues related to disabling and handicapping conditions within the context of physical growth and motor development programs and practices
  - 4.6 Discuss the effects of body image on participation in physical activities and on motor development.

**O:** Methods of Instruction

1. Lecture
2. Discussion groups
3. Video editing workshops
4. Power Point workshops
5. Audio-visual presentations
6. Guest presenters
7. Field trips

**P:** Textbooks and Materials to be Purchased by Students

Haywood, K.M. and N. Getchell (2001). Lifespan Motor Development (3<sup>rd</sup> ed). Champaign, IL. Human Kinetics