

Revision of Course

information form: _____

DATED: _____

C: PSYCHOLOGY 304

D: HEALTH PSYCHOLOGY

E:

F:

Revision:
& section)

F: Calendar Description:

Summary of
(Enter date

This course provides a critical survey of the basic research findings and theory on the relation between

behaviours such as smoking and drug use, the affect of

the family, and social support systems.

on t

Cours Per Week/

H: Course Prerequisites:

G: Type of instruction:

PSY 200

Textbooks and materials to be purchased by students:

(USA) (S.I.B.I.) (C) (S.I.B.I.) (C) (S.I.B.I.) (C)

Health Psychology (2nd Ed.)

Saxifino, W.P., (1994)
New York, John Wiley, and Sons, Inc.

Bishop, G.D., (1994) — Health Psychology
Boston, Allyn and Bacon

Text will be updated periodically.

Under the following headings:

Complete Form with Entries

Content:	O	Method of Instruction:	O	Course Objectives:	P	Course
				R		Course Evaluation
O		Course Objectives				

will be able to:

6 At the conclusion of the course, the student will

HEALTH PSYCHOLOGY

Psychology 304

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0. Course Objectives cont.

16. Identify stress-related diseases and health behavioral risk factors.
17. Define coping.
18. Identify methods of coping.

This course will employ a number of instructional methods to accomplish its objectives and will include:

presentations

- lectures
- laser video presentation

small group discussions

- classroom exercises
- computer simulation exercises

Course Evaluation

Evaluation will be carried out in accordance with Douglas College policy and will include both formative and summative components. Exams, quizzes, literature review papers, research proposals/projects, critical

The specific evaluation criteria will be provided by the instructor at the beginning of the semester.

An example of one evaluation scheme:

	3 midterm exams (worth 15% each)	45%
Literature review paper		
Personal health project	30%	
	Final exam	25%
		100%