



**M:** Course Objectives / Learning Outcomes

Upon successful completion of the course the learner will be able to:

- Describe who makes up the gerontological population and confront discrimination of the elderly through the examination of long-held, inappropriate myths, beliefs and ageism.
- Articulate theoretical frameworks of aging and models for working with the elderly.
- Explain normal development and aging, along with some selected pathological changes that may occur.
- Consider the range of nursing roles in gerontology
- Understand and utilize new data collection and documentation skills, specifically designed for the older adult within the context of the Neuman Systems Model for Nursing.
- Understand the therapeutic and preventative measures needed for elders and the environments they live in, including hydration and nutrition, fall prevention and socialization.
- Integrate key theory and practice for individuals that present with exemplars such as: dementia, Alzheimer's, delirium, substance misuse, neglect and abuse of all kinds, as well as depression, pharmacological considerations and others.
- Demonstrate awareness of the key role that psychiatric nurses can play in caregiver support.
- Work knowledgeably and sensitively with families, friends and nurses who have to deal with end-of-life concerns.

**N:** Course Content:

## SECTION 1: FOUNDATIONS

Describe the diversity of the older adult population group, along with pertinent facts and trends regarding:

- common concerns
- demographics, politics and power
- economics & education
- definitions of aging, along with myths and falsely-held beliefs and attitudes
- aging through history, theories of aging and models of care for the aged
- development and aging

## SECTION 2: GERONTOLOGICAL NURSING ROLES



**Q:** Means of Assessment:

The course evaluation is consistent with Douglas College evaluation policy. An evaluation schedule is presented at the beginning of the course.

This is a graded course.

**R:** Prior Learning Assessment and Recognition:

Not eligible for PLAR.

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Course Designer(s)

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Education Council / Curriculum Committee Representative

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Dean / Director

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Registrar