



EFFECTIVE: SEPTEMBER 2006
CURRICULUM GUIDELINES

- A. Division: Instruction
- B. Department / Program Area: Psychiatric Nursing

Effective Date: September 1, 2006

M: Course Objectives/Learning Outcomes

In this course, learners will have opportunities to:

- Develop their theoretical knowledge of family theory and family nursing theory
- Discuss theoretical foundations associated with family theory and family nursing
- Examine four nursing frameworks to guide family nursing assessment and practice
- Demonstrate application of the Neuman Systems Model of nursing to guide family health promotion in the context of psychiatric nursing practice.

N. Course Content

The focus of this course is to introduce the learner to family nursing frameworks that are based upon family development, structural, and process concepts. Learners will be introduced to theoretical foundations associated with family theory and family nursing theory. The Neuman Systems Model assessment tool for families will be applied to a selected family. Course content includes:

Unit 1: Overview of Family Theory and Family Nursing Theory

- Introduction to Family Health Nursing
- Overview of 21st Century Families

Unit 2: Theoretical Foundations associated with Family Theory and Family Health Nursing

- Developmental
- Structural
- Structural-Functional
- Friedman

Unit 3: Theoretical foundations associated with Family Theory and Family Health Nursing

- Systems & Communication
- Strategic/Interactional
- Friedman

Unit 4: Theoretical foundations associated with Family Theory and Family Health Nursing

- Bowen's Family Systems
- Calgary Family Assessment

Unit 5: Neuman Systems Model for Family Health Assessment, Promotion and related concepts

- Neuman Systems Model
- Family Roles
- Family Social Support
- Family Spirituality & Religion
- Family Stress Management

Unit 6: Nursing Process and the Neuman Systems Model

- Using the Nursing Process with Families
- Nursing Diagnosis, Nursing Goals, Nursing Outcomes

Unit 7: The Psychiatric Nurse and Family Assessment & Intervention

- Family Communication
- Neutrality, Hypothesizing, Circularity

Unit 8: Family Health Promotion: Prevention as Intervention with Family Systems

- Family Health Promotion & Protection
- Sociocultural Influences on Family Health
- Family Health Protection
- Family Health Promotion During Transitions
- Family Health Promotion During Life-Threatening Illness
- Family Environmental Health
- Health Promotion of Families in Rural Settings

