



**M:** Course Objectives / Learning Outcomes

At the end of the course, the successful student should be able to:

1. Communicate effectively in a helping role.
2. Recognize and respect individual differences that affect learning and life choices.
3. Promote personal and academic skill development of self and others.
4. Help other students access information and resources.
5. Help others in an ethical manner.

**N:** Course Content:

1. Communication Skills
  - a. Listening
  - b. Speaking
  - c. Assertiveness
2. Principles of Helping
3. Understanding Self and Others as Holistic Beings
  - a. Values, needs, roles, and personal style
  - b. Individual differences
4. Roles and Relationships
  - a. Roles of tutor, tutee and instructor
  - b. Creating productive helping and tutoring relationships
5. Responsibilities of Peer Helpers, Mentors and Tutors
6. Characteristics of the Successful Learner
  - a. Knowledge
  - b. Skills
  - c. Attitudes
7. Principles of Tutoring
8. Structure of a Tutoring Session
9. Tutoring Techniques for:
  - a. Tutoring writing
  - b. Tutoring content
  - c. Tutoring study strategies
10. Coping with Problems in the Helping Relationship
11. Ethical Issues in Peer Helping

**O:** Methods of Instruction

Classes will be experiential in nature using a combination of short lectures, demonstrations, structured activities, and group discussions. Students will participate in role plays and other exercises designed to 2-5(e2 0 0 10.) no 2-i 0

11/11/2020 10:00 AM

