



Wellness

by Students

N: Textbooks and Materials to be Purchased

(Use Bibliographic Form):

Minnesota Whole Person Associates, 1991 (\$20=1993)

Major Concepts:

the course

1. Wellness is a holistic, multidimensional concept which encompasses not only the body, mind and spirit of the individual but extends to an ecological perspective.

Evaluation:

... of evaluation and assessment tools for this course will be based on: Selection

1. Adherence to college evaluation policy regarding number and weighting of
... separate evaluations.

2. A combination of evaluation instruments that include
... group, narrative, research

3. Evaluation being used as a teaching and learning
... instructors:

... participation in evaluation through such processes
... as self and peer
... program/instructor evaluation.