



EFFECTIVE: SEPTEMBER 2004
CURRICULUM GUIDELINES

A. Division: **Instruction** Effective Date: **September 2004**

B. Department /
Program Area: **Faculty of Child, Family and
Community Studies**

M: Course Objectives / Learning Outcomes

Upon successful completion of this course, the student will be able to:

1. **Support the self-determination of individuals receiving personal assistance.**
 - C Respects individual privacy and autonomy
 - C Seeks informed consent for personal assistance activities
 - C Analyzes ethical limits of personal assistance practice
 - C Seeks feedback regarding personal assistance skill competence
 - C Uses touch appropriately
 - C Advocates for individuals that receive support
2. **Anticipate and prevent potential health problems for individuals receiving personal assistance.**
 - C Assesses each individual and situation
 - C Uses knowledge of wellness and body systems to provide timely and appropriate assistance
 - C Communicates with team members regarding changes in assistance situation
 - C Consults and refers when appropriate
3. **Demonstrate proper safety awareness while supporting other's personal care.**
 - C Washes hands and uses principles of cleanliness when providing personal assistance
 - C Uses proper body mechanics while moving self and others
 - C Explains legal limits of personal assistance practice
 - C Reports and records safety and health concerns
 - C Explains the use and maintenance of personal assistance aids and equipment
4. **Provide individualized personal assistance to others.**
 - C Considers how the major principles of personal assistance are incorporated into each skill
 - C Reviews and practices steps in personal assistance procedures
 - C Adapts procedures to suit the individual and situation, using a decision making process and the major personal assistance principles of care

N: Course Content: The following global ideas guide the design and delivery of this course:

1. **Safety issues are important threads that are woven throughout all theory and practice of personal assistance skills.**
2. **Basic cleanliness principles are applied whenever the practitioner is performing personal assistance tasks.**
3. **Proper body mechanics for the practitioner and the person who is being supported help ensure safety and comfort while performing personal assistance tasks.**
4. **Health is not a state, but rather a process and continuum. It is a resource for, not the goal of, living.**
5. **Use of an organized, goal directed decision-making process enables the practitioner to apply learning to individual situations.**
6. **The knowledge of the basic structure and function of human body systems and how health related conditions affect these body systems enhance the practitioner's ability to assist in**