

M: Course Objectives / Learning Outcomes:

1. To learn and practise basic communication skills.
2. To learn and practise the giving and receiving of feedback.
3. To learn and practise problem solving methods.
4. To learn and practise the skills of effective participation in a group.
5. To gain confidence in making transitions to new surroundings.
6. To assess and improve personal appearance and hygiene.
7. To learn about and appreciate one's unique social style.

N: Course Content:

1. Basic communication skills
 - assertiveness
 - conversational skills
- 2.

R: Prior Learning Assessment and Recognition: specify whether course is open for PLAR

N/A

Course Designer(s)
Mabel A.Iizat

Education Council / Curriculum Committee Representative

Dean / Director

Registrar